

# Barthol Chapel School Menu

Week 1 – 1<sup>st</sup> Nov, 29<sup>th</sup> Nov, 3<sup>rd</sup> Jan, 31<sup>st</sup> Jan, 28<sup>th</sup> Feb, 28<sup>th</sup> March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lentil Soup V	Chicken Noodle Soup	Cream of Carrot Soup V	Tomato Soup V	Melon Wedge V
Main	Main	Main	Main	Main
Breaded Haddock Garden Peas Sweetcorn Chips	Homemade Margherita Pizza V Vegetable Sticks Side Salad Penne Pasta	Crispy Crumb Turkey Steak in a Bun Baked Beans Sweetcorn Potato Wedges	Chicken Pie Sliced Carrots Mashed Turnip Mashed Potato	Our Butchers Pork Sausages in Gravy served in a Yorkshire Pudding Sliced Carrots, Broccoli Florets and Mashed Potatoes
Penne Pasta & Tomato Sauce V Garden Peas Sweetcorn	Chilli Beef Fajita Vegetable Sticks Side salad	Cheese Wheels V Baked Beans Sweetcorn Potato Wedges	Baked Potato loaded with Boston Baked Beans V Side Salad Grated Carrots	Falafels in Curry Sauce with Long Grain Rice V Broccoli Florets Sliced Carrots
Soup & Sandwich	Soup & Sandwich	Soup & Sandwich	Soup & Sandwich	Sandwich Platter
Lentil Soup V Cheddar Cheese in a Soft Roll V served with Side Salad & Cucumber Sticks	Chicken Noodle Soup Tuna Mayonnaise Sandwich served with Side Salad & Melon	Cream of Carrot Soup V Egg Mayonnaise Sandwich V served with Salad & Carrot Sticks	Tomato Soup V Thinly Sliced Ham in a Soft Roll served with Side Salad & Pineapple	Melon Wedge Thinly sliced Chicken Sandwich served with Side Salad & Carrot & Pepper Sticks
Dessert	Dessert	Dessert	Dessert	Dessert
Orange Wedges served with Mini Mandarin Muffin and Milk Or Selection of Fresh Fruit or Raisins	Fresh Fruit of the Day or Raisins served with a Shortbread biscuit and Milk	Fresh Fruit of the Day or Raisins served with Cheese and Biscuits	Fresh Fruit of the Day or Strawberry Yoghurt served with Fruits of the Forest	Lemon Drizzle Cake served with Custard Or Cheese and Biscuits

V = Vegetarian

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# Barthol Chapel School Menu

## Week 2 – 8<sup>th</sup> Nov, 6<sup>th</sup> Dec, 10<sup>th</sup> Jan, 7<sup>th</sup> Feb, 7<sup>th</sup> March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Tomato Soup V</b>	<b>Lentil Soup V</b>	<b>Minestrone Soup V</b>	<b>Lentil Soup V</b>	<b>Potato Soup V</b>
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
<b>Chicken Burger in a Bun</b> served with optional BBQ Sauce or Tomato Ketchup Sweetcorn Grated Carrots	<b>Homemade Margherita Pizza V</b> Baked Beans Side Salad Pasta Penne	<b>Our Butchers Pork Sausages or Quorn Sausages V</b> Baked Beans Broccoli Mashed Potatoes	<b>Chicken Curry with Long Grain Rice</b> Broccoli Florets Sweetcorn	<b>Breaded Haddock</b> Baked Beans Garden Peas Chips
<b>Pasta Bolognese or Vegetable Bolognese V</b> Sweetcorn Grated Carrots	<b>Cottage Pie</b> Baked Beans Garden Peas	<b>Baked Fish Fingers</b> Baked Beans Side Salad Mashed Potatoes	<b>Cheese Panini V</b> Side Salad Sweetcorn	<b>Chicken Fajita or Roasted Vegetable Fajita V</b> Side Salad Garden Peas
<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>
<b>Tomato Soup V</b> <b>Tuna Mayonnaise Sandwich</b> served with <b>Side Salad &amp; Pineapple</b>	<b>Lentil Soup V</b> <b>Thinly Sliced Chicken Wrap</b> served with <b>Side Salad &amp; Margherita Pizza Finger V</b>	<b>Minestrone Soup V</b> <b>Cheddar Cheese</b> <b>in a Soft Roll V</b> served with <b>Side Salad &amp; Grated Carrots</b>	<b>Lentil Soup V</b> <b>Thinly Sliced Ham Sandwich</b> served with <b>Side Salad &amp; Melon Wedge</b>	<b>Potato Soup V</b> <b>Egg Mayonnaise Sandwich V</b> served with <b>Side Salad &amp; Carrot &amp; Pepper Sticks</b>
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
<b>Sliced Peaches served with Strawberry Yoghurt</b> <b>Or Raisins and Cheese and Biscuits</b>	<b>Fresh Fruit of the Day or Raisins</b> served with <b>Gingerbread and Milk</b>	<b>Fresh Fruit Salad</b> served with <b>optional Natural Yoghurt</b> <b>Or Raisins</b> <b>and Cheese and Biscuits</b>	<b>Fresh Fruit of the day or Raisins</b> Served with an <b>Oatie Biscuit and Milk</b>	<b>Fresh Fruit of the Day or Raisins</b> served with a <b>Sweet P Muffin and Milk</b>

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# Barthol Chapel School Menu

Week 3 – 15<sup>th</sup> Nov, 13<sup>th</sup> Dec, 17<sup>th</sup> Jan, 14<sup>th</sup> Feb, 14<sup>th</sup> March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lentil Soup V</b>	<b>Tomato Soup V</b>	<b>Potato Soup V</b>	<b>Minestrone Soup V</b>	<b>Chicken Noodle Soup</b>
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
<b>Macaroni Cheese V</b> Baked Beans Garden Peas Diced Potatoes	<b>Breaded Haddock</b> Baked Beans Broccoli Florets Chips	<b>Spaghetti Bolognaise</b> with Garlic Bread Broccoli Florets Grated Carrots	<b>Roast Chicken in Gravy</b> & a Yorkshire Pudding & Mealie Sliced Carrots Garden Peas Mashed Potatoes	<b>Hot Dog in a Bun</b> with optional Tomato Ketchup or Mustard Side Salad Sweetcorn Potato Smiles
<b>Crispy Salmon Bites</b> Baked Beans Garden Peas Diced Potatoes	<b>Singapore Noodles with</b> <b>Chicken</b> <b>Or</b> <b>Singapore Noodles with</b> <b>Quorn V</b>	<b>Pulled Pork Wrap</b> with optional BBQ Sauce or <b>Roasted Vegetable Wrap</b> with <b>Mozzarella Cheese V</b> Side Salad Grated Carrots	<b>Pizza topped Baked</b> <b>Potato</b> <b>V</b> Side Salad Garden Peas	<b>Vegetable Curry V</b> served with <b>Long Grain Rice</b> Side Salad Sweetcorn
<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>
<b>Lentil Soup V</b> <b>Hot Mini Meatball Sub</b> served with <b>Side Salad,</b> <b>Carrots &amp; Pepper Sticks</b>	<b>Tomato Soup V</b> <b>Thinly Sliced Chicken</b> in a <b>Soft Roll</b> served with <b>Side Salad &amp; Cucumber</b> <b>Sticks</b>	<b>Potato Soup V</b> <b>Cheddar Cheese</b> <b>Sandwich V</b> served with <b>Side Salad,</b> <b>Pineapple &amp;</b> <b>a Margherita Pizza</b> <b>Finger</b>	<b>Minestrone Soup V</b> <b>Thinly Sliced Ham</b> <b>Sandwich</b> served with <b>Side Salad, Melon Wedge</b>	<b>Chicken Noodle Soup</b> <b>Tuna Mayonnaise Wrap</b> served with <b>Side Salad &amp;</b> <b>Grated Carrots</b>
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
<b>Fresh Fruit of the Day</b> or <b>Raisins</b> Served with <b>Cheese and</b> <b>Biscuits</b>	<b>Fresh Fruit of the Day</b> or <b>Raisins</b> served with a <b>Vanilla</b> <b>Cookie and Milk</b>	<b>Fresh Fruit Salad</b> served with optional <b>Natural Yoghurt</b> or <b>Raisins</b> with <b>Cheese and Biscuits</b>	<b>Fresh Fruit of the Day</b> or <b>Raisins</b> served with a <b>Butterscotch Cookie and</b> <b>Milk</b>	<b>Fresh Fruit of the Day</b> or <b>Raisins</b> served with a <b>Chocolate Brownie and</b> <b>Custard</b>

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# Barthol Chapel School Menu

## Week 4 – 22<sup>nd</sup> Nov, 20<sup>th</sup> Dec, 24<sup>th</sup> Jan, 21<sup>st</sup> Feb, 21<sup>st</sup> March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Lentil Soup V</b>	<b>Minestrone Soup V</b>	<b>Tomato Soup V</b>	<b>Cream of Carrot Soup V</b>	<b>Leek &amp; Potato Soup V</b>
<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>	<b>Main Course</b>
<b>Beef Burger</b> served in a <b>Bun</b> or <b>Vegetarian Burger V</b> served in a <b>Bun</b> Side Salad Sweetcorn	<b>Chicken Goujons in a Tortilla Wrap</b> served with Tomato sauce or BBQ Sauce Side Salad Grated Carrots Potato Smiles	<b>Homemade Steak Pie</b> Garden Peas Sliced Carrots Mashed Potato	<b>Breaded Haddock</b> Baked Beans Garden Peas Chips	<b>Turkey Meatballs</b> served in Tomato Sauce Broccoli Florets Sweetcorn Penne Pasta
<b>Chicken Korma</b> Long Grain Rice Side Salad Sweetcorn	<b>Baked Potato with Baked Beans V</b> Side Salad Grated Carrots	<b>Macaroni Cheese V</b> Garden Peas Sliced Carrots Mashed Potatoes	<b>Beef Lasagne or Vegetable Lasagne V</b> Baked Beans Garden Peas Chips	<b>Baked Fish Fingers</b> Broccoli Florets Sweetcorn Penne Pasta Or Penne Pasta with Tomato Sauce V
<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>	<b>Soup &amp; Sandwich</b>
<b>Lentil Soup V</b> <b>Cheddar Cheese Sandwich V</b> served with Side Salad & Fruit & Veg Bites	<b>Minestrone Soup V</b> <b>Hot Mini Meatball Sub</b> served with Side Salad & Grated Carrot	<b>Tomato Soup V</b> <b>Tuna Mayonnaise Wrap</b> served with Side Salad & Fruit & Veg Bites	<b>Cream of Carrot Soup V</b> <b>Thinly Sliced Chicken Sandwich</b> served with Side Salad & Pineapple	<b>Leek &amp; Potato Soup V</b> <b>Thinly Sliced Ham</b> in a <b>Soft Roll</b> served with Side Salad & Melon Wedge
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
<b>Fresh Fruit of the Day or Raisins</b> served with Cheese and Biscuits	<b>Fresh Fruit of the Day or Raisins</b> served with <b>Eat to the Beet Muffin</b> and Milk	<b>Fresh Fruit Platter or Raisins</b> Served with Cheese and Biscuits	<b>Fresh Fruit of the Day or Raisins</b> served with a <b>Shortbread Biscuit</b> and Milk	<b>Fresh Fruit of the Day or Raisins</b> served with a <b>Chocolate Cookie</b> and Milk

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